NM-AAA Training #2 Food Allergies Quiz

1. True or False. A food Allergen causes a food allergy.
2. Name the current big “8” allergies

1.

2.

3.

4.

5.

5.

7.

8.

1. What food item will be added to the big “8” allergy list in January 2023.
2. What are some minor symptoms of food allergies
3. A person with a milk allergy can’t eat pancakes that were made with buttermilk. True or False
4. A person has a soy allergy what kind of milk can the person get to drink?
5. A person has a wheat allergy, can this person eat a corn tortilla. True or False.
6. A person with a corn allergy can have a corn tortilla. True or False
7. A person with a soy allergy can have Teriyaki Chicken. True or False.
8. A person with an egg allergy can eat French Toast/. True or False.